



REAL IMPACT

Creating an Evidence Base for MKP Men's Work

The Mankind Project USA has contracted with Michael Kimmel, a preeminent researcher on masculinity from the Center for the Study of Men and Masculinity at SUNY Stonybrook, and the University of Northern Colorado's Social Research Lab to design and conduct an independent longitudinal study of our work with men.



Stony Brook University



UNIVERSITY OF
NORTHERN
COLORADO

MKP has long held that our work transforms the way men show up in their families and in the world. In the past we conducted a small scale study that helped to establish the truth of our claims. The results were overwhelmingly positive.

"In short, one year after attending the NMTA, attendees consistently reported improved scores on measures of Depression, Conflict between Work and Family, Life Satisfaction, MKP Beliefs/Ideology/ Growth, Restrictive Affectionate Behavior Between Men, and Restrictive Emotionality as compared to their reported scores before the NMTA."

— Ryan Stanga, Research Team Member

The downside of this excellent work was that it was primarily conducted in-house, and so missed the credibility of an independently conducted study.

This groundbreaking new study will provide an evidence base for the expansion of our work to other populations, institutions, and municipalities, and position the ManKind Project USA to pursue significant grant opportunities.

We propose that the work we do leads to:

- Enhanced pro-social behaviors and increased life-satisfaction across a variety of social domains
- Reduced dominating behaviors in the workshop and social groups
- Reduced intimate partner violence
- Reduced loneliness and isolation, reduced measures of depression
- Reduced addictive behaviors, both substance and behavior

Keep up with MKP USA as we begin research into our impact on masculinity at mkpusa.org

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